

'E-supervision' for juvenile offenders



What is 'e-supervision'?

'E-supervision' is an innovative method for behavioral change in juvenile offenders. In 'e-supervision', automated and personalized (text and video) messages are sent to their mobile phones. It is an addition to the existing approaches of juvenile offender supervision, in order to maximize its effects with minimal costs.

Goal

The goal of 'e-supervision' is to help offenders in changing their behaviour by means of motivating, informing, reminding, inspiring and interacting. The message content is personalized, based on the individual risk level, protective factors, goals, personal talents and background. Each person receives messages that are composed specifically for him or her.

The system

The form and content of the messages are drawn from a theoretical framework made by psychologists of Impact R&D. The framework is based on evidence-based methods such as positive psychology, solution-focused and directive therapy and motivational interviewing. Technical development of the system is done in conjunction with multimedia company Noterik BV.

Pilot

Impact R&D and Noterik BV have taken the initiative to develop the system. They received a grant from the Dutch Ministry of Safety and Justice, to test 'e-supervision' among Dutch and Moroccan juveniles who are under supervision of the Dutch Juvenile Probation Service. The pilot starts in September 2014 in cooperation with the Juvenile Probation Office in Alphen aan de Rijn.

Questions?

If you would like to receive more information, please contact us at +31 (20) 6684797 or email us at info@mpct.eu.

impact^{R&D}

WHICH INTERVENTIONS REALLY HAVE AN **IMPACT** ON HUMAN BEHAVIOUR?